Objective

This guide will help you to check device logins on Gmail. We have marked steps that an abuser could find out about with the following warning:

Be careful!
This action could be visible to the abuser

Steps to Check Device Logins on Gmail

First, using a browser go to https://account.google.com

Click on the Go to Google Account button that appears on the top right corner. You will see something like this:
Enter your Gmail address, click on Next, enter your password, and click on Next. When you log in, you will see something like this:

There is a menu on the left. Click on Security. The following will appear:
Scroll down until you reach Your Devices:

**Your devices**

You’re currently signed in to your Google Account on these devices

- **Mac**
  - This device
- **iPhone**
  - 12:46 PM
- **Mac**
  - 10:26 AM

+1 more

Find a lost device

Manage devices

Click on Manage devices. You will see something like this:
In order to see more details about a specific device, click on it. You will see something like this:

Go back to Your devices:
If you do not recognize a device, you can log it out.

Be careful! The person of concern might be logged out right away. Some abusers may become more violent if they get locked out of your account. If this is a concern for you, we strongly recommend that you carry out safety planning with a domestic violence or other support professional before making any changes to your account.

In order to log a device out, click on the **three dots** at the top right corner of that device’s box:
Click on **Sign out**. A popup will appear. Click on **Sign out**:

In **Your devices**, there is a **Don’t recognize a device?** button:

If you click on it, Google will help you to strengthen your account’s security.

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